Kilimanjaro specifics

When preparing for a hike up Mount Kilimanjaro, having the right gear is essential for safety, comfort, and success. Here's a comprehensive list of gear you will need:

# Clothing

- Thermis layers : Moisture-wicking long-sleeve shirts and pant
- Mid Layers: Fleece or softshell jacket and pants
- Downjacket
- Outer Layer: Waterproof and windproof jacket and pants
- Trekking Pant: Lightweight and breathable
- Skipant for summit night
- Shorts: For lower altitudes and warmer days
- T-shirts: Moisture-wicking and quick-drying
- Socks: Wool or synthetic hiking socks (recommended at least 3 pairs)
- Gloves: Lightweight inner gloves and insulated outer gloves
- Hat: Warm hat for cold weather, sun hat for sunny days
- Balaclava or Neck Gaiter:

### Footwear

- Hiking Boots
- Gaiters (optional but highly recommended)
- Camp Shoes: Lightweight and comfortable

### Sleeping Gear

- Sleeping Bag: Rated for cold temperatures (preferably 0°F/-18°C or lower)
- Sleeping Pad (optional)

# Backpacks

- Daypack: 20 liters for carrying essentials during the day
- Large Backpack or Duffel Bag: For porters to carry your main gear

## Trekking Equipment

- Trekking Poles (optional)
- Headlamp: With extra batteries for early starts and night hikes Water Bottles/Hydration System: At least 3 liters capacity.

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### Personal Items

- Sunscreen: High SPF for sun protection
- Lip Balm: With SPF protection
- Sunglasses: UV protection and polarized
- First Aid Kit: Including blister treatment, bandages, pain relief, and any personal medications
- Altitude sickness pills (optional) : need to be check with your doctor
- Toiletries: toothbrush, toothpaste, wet wipes, tissues
- Snacks: High-energy snacks like nuts, bars, and dried fruit
- Camera: To capture the experience (optional)

#### Miscellaneous

- Electrolyte tabs : helps to stay hydrate
- Dry Bags: For keeping clothes and electronics dry
- Plastic Bags: For storing trash
- Hand Warmers: For extra warmth on cold days
- Money and Documents: Cash, passport, permits, and other important documents



Having the right gear can make a significant difference in your comfort and success on Mount Kilimanjaro.

To ensure everything is well-organized, we will check with you all your equipment before departure.

As we understand all these equipment might represents a significant additional cost, moreover if you are not using afterwards, there is also the possibility of renting some of them. Do not hesitate to ask us, we can provide a list with average rental prices.